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I Claim:

- 1. A method of controlling pulsed AC power that is supplied to a load wherein the
- 2 AC power has a waveform in which alternating positive and negative power
- 3 segments are separated by off segments, and wherein said load produces a reverse
- 4 emf pulse at the commencement of at least certain ones of the power segments,
- 5 comprising:
- -- (a) detecting the magnitude of the reverse emf pulse at the commencement of at
 least certain ones of said power segments; and
 - -- (b) adjusting the applied AC power being applied to the load based on the detected magnitude of the reverse emf pulse.
 - 2. The method according to Claim 1 wherein said detecting the magnitude includes detecting the peak voltage of said reverse emf pulse.
 - 3. The method according to Claim 2 wherein said detecting the magnitude includes detecting the width of said reverse emf pulse.
 - 4. A method of controlling pulsed AC power that is supplied to a load wherein the
- 2 AC power has a waveform in which alternating positive and negative power
- 3 segments are separated by off segments, and wherein said load produces a reverse
- 4 emf pulse at the commencement of at least certain ones of the power segments such
- 5 that there is a notch defined between the reverse emf pulse and the following
- 6 power segment, comprising:
- 7 -- (a) detecting the magnitude of the notch between the reverse emf pulse and the

- 8 associated power segment; and
- 9 -- (b) adjusting the applied AC power being applied to the load based on the detected magnitude of said notch.
- 5. The method according to Claim 4 wherein said detecting the magnitude
- 2 includes detecting the voltage depth of said notch.
- 6. The method according to Claim 1 wherein said detecting the magnitude
 includes detecting the width of said notch.